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Dressing Changes Instructions

Xeroform is a sterile fine-mesh gauze impregnated wound dressing with a blend of 3% bismuth tribromophenate (xeroform) and USP petrolatum.

- Maintains a moist environment to promote healing
- Conforms to wound site without sticking
- Soothing, comfortable, and latex-safe
- Protects wound from contamination

- Wash hands thoroughly with soap and water at least **once per day**.
- Remove dressing carefully.
- If the dressing sticks to the wound, moisten with a little warm water and try again.
- Gently wipe off any excess petroleum from wound bed
- Wash wound
 - Wash in warm soapy water
 - Do not use skin cleansers, alcohol, peroxide, iodine, or soaps with antibacterial chemicals. These can damage the wound tissue and slow your healing
 - You may shower over your wound, but be careful to avoid direct water pressure to the wound. Allowing the warm soapy water to run over wound is sufficient to clean it.
 - Blot or pat dry with a towel
- Cut the Xeroform to size
 - It is important that Xeroform gauze dressings are trimmed to fit the wound, or maceration of healthy skin surrounding the wound can occur. In terms of wound care, *maceration* refers to the softening and breakdown of healthy skin after it has been exposed to moisture for too long a period of time. This can make the treatment of a wound more difficult because macerated skin is prone to damage or infection
- Apply Aquaphor to Xeroform for added moisture to wound.
- Apply Xeroform to wound
- Cover with secondary dressing to keep Xeroform clean and in place.
- Wrap with ace wrap if necessary.